



## Chiropractic care is so much more than spinal joint manipulation

Chiropractic is a drug free, hands-on health profession which diagnoses, manages and prevents spinal, bone and muscular disorders and their effects on the nervous system and general health. In Australia, there are more than 4,000 registered Chiropractors and nearly 200,000 patient visits to Chiropractors each week.

Chiropractic is proven to have beneficial effects on a variety of conditions including:

- **Spine:** Disc, sciatica, low back pain, mid back pain, neck pain, osteoarthritis, degeneration, scoliosis, stiffness and loss of movement, impinged nerves
- **Head:** Migraine & other headaches, facial pain, tinnitus, ear pain, dizziness, balance & proprioception, TMJ pain, sinusitis, whiplash
- **Arms:** Shoulder pain, frozen shoulder, numbness and tingling in arms and hands, tennis & golfer elbows
- **Pelvis and Legs:** Hip pain, knee degeneration & pain, ankle sprains and other sports injuries, plantar fasciitis, achilles tendon pain, numbness & tingling in the legs or feet

**Our clinic is a little bit different in that we offer a wide range of chiropractic, physical and sports therapies:**

- chiropractic adjustments (manual, drop, activator and low-force techniques)
- gentle joint mobilisation
- flexion-distraction table
- extensive soft tissue therapy
- heat and cold therapy
- kinesio- & rigid taping
- comprehensive rehabilitation exercises
- postural analysis and correction
- injury prevention
- advice for chronic problems

A referral is not required

**If you've been looking for that something extra in the treatment of your problem, our clinic might be your answer.**

Dr. Naomi Draeger, BChiro, BSc, BA (Soc Sci), MBA  
 Dr. Dietrich Draeger, Bchiro, BSc (Hons), MBA

**Appointments are available**  
**Monday to Friday 07.30am – 7pm**  
**Saturday 07.30am – 1pm**  
 Terrey Hills shopping village, 3/19 Yulong Ave  
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**Bilingual Clinic**

